

Essence: Sweet children, this knowledge is all about total silence. You don't need to say anything at all. You just need to remember Baba, the Ocean of Peace.

Question: On what basis are you able to progress? When will you be able to imbibe Baba's instructions?

Answer: Love is the basis of your progress. You must have true love for the one Father. If you stay close to Baba, and you still do not experience progress, it means you must definitely be lacking in love. Only when you have love are you able to remember Baba. It is by remembering Baba that you are able to imbibe all of His instructions. In order to make progress, you must keep your chart honest and not try to hide anything from Baba. Remain soul conscious and continue to reform yourself.

Om shanti. Children, whilst sitting here, you must consider yourself to be a soul and remember Baba. Baba asks: Whenever you give a lecture in a gathering, do you frequently ask the people there whether they consider themselves to be souls or bodies? Whilst sitting here, you must consider yourself to be a soul. It is the soul that takes rebirth. So you must consider yourself to be a soul and remember the Supreme Father, the Supreme Soul. It is by remembering Baba that your sins can be destroyed. This remembrance is also called the fire of yoga. The incorporeal Father says to you incorporeal children: Remember Me so that your sins can be cut away. You will become pure and then attain liberation and liberation-in-life. After receiving liberation, you should all definitely receive liberation-in-life. This is why you frequently have to tell everyone who sits here to have the firm faith that each of them is a soul. Tell them: Brothers and sisters, whilst sitting here, each of you must consider yourself to be a soul and remember Baba. This order has been given by Baba. This is the pilgrimage of remembrance. Baba says: Link your intellect in yoga with Me and your sins of numerous births will be incinerated. Only if you frequently remind them of this and explain it, will they be able to understand that the soul is eternal and that the body is perishable. It is the eternal soul that adopts a perishable body in order to play its part. Then it leaves that body and takes another. The original religion of the soul is peace. People don't even know what their original religion is. Baba says: Now remember Me and your sins can be destroyed. This is the main thing. First of all, children, you must make this effort. The unlimited Father tells you souls that you don't need to take up the scriptures for this. When you quote something from the Gita as an example, they say, "But you only take up the Gita! Why do you not say what is mentioned in the Vedas?" Baba says: Ask them which religion's scriptures are the Vedas. (They say the Arya religion). Whom do you call the Aryans? Hinduism is not a religion. The deity religion is the original eternal religion. So, what religion is the Arya religion? The Arya religion must be the religion of the Arya Samajis. There is no Arya religion in existence. Who created the Arya religion? In fact, you should not even take up the Gita. The first thing is to consider yourself a soul and remember Baba through which you can become satopradhan. Everyone is tamopradhan at this time. First and foremost, you must give them Baba's introduction, and also give them Baba's praise. However, you will only be able to do this when you yourself remember the Father. Many children are weak in this respect. Baba keeps telling you to keep a chart of your pilgrimage of remembrance. Each of you should ask your heart to what extent you remember Baba. You should be keeping unlimited happiness in your heart. When you have happiness inside, your explanation is able to have an effect on others. The first and most important thing to tell them is: Brothers and sisters, consider yourselves to be souls. In no other spiritual gathering does anyone say this. In fact, there are no other satsangs (company of truth) because there is only the One Company of the Truth; all other companies are bad. Here, everything you hear is completely new. No religion was ever established through the Vedas; so why should we read the Vedas? No one else has this knowledge. They themselves say that He is neither this nor that (Neti, neti). This means that they don't know Him. Therefore, they are atheists. Baba Himself says: Now consider yourself to be a soul and become a theist. Some of these things are in the Gita, but not in the Vedas. There are numerous Vedas and Upanishads. Ask them what religion those scriptures belong to. They just discuss the things that concern them. You should not listen to anything anyone else says. Baba explains very simply: Consider yourself to be a soul and remember Baba and you will become pure. This is why you have to understand the *history* and *geography* of the world. The pictures of the Trimurti and the cycle are the main things for you. All the

main religions are shown in them. The very first religion is the deity religion. Baba has also told you to make huge pictures of the Trimurti and the cycle and site them at the major locations in Delhi where there is usually a lot of coming and going. They should be on metal *sheets*. The other religions are not shown in the picture of the ladder. Therefore, these two pictures are the main ones. It is these two that you must explain. The first thing to give is Baba's introduction. This inheritance is only received from Baba. If you do not first inspire them to have faith in this aspect, none of them will understand anything else you explain. If they do not understand who the one Father is, it is useless to take them onto other pictures. Unless they first understand who Alpha is, they will be unable to understand anything else at all. Do not tell them about anything else until you have first given them Baba's introduction. You can only be given your unlimited inheritance by Baba. Baba wonders why they can't understand such a simple thing as Shiva being the Father of souls. This inheritance can only be given to you by Him. You are all *brothers*. It was when you forgot this fact that you became tamopradhan. You must now remember Baba and become satopradhan. The main thing is to know the Creator and creation. No one else knows this. Even the sages and holy men do not know this. So first, you must give them Baba's introduction and make them into theists. Baba says: By knowing Me, you will come to understand everything. If you do not know Me, you understand nothing at all, and will just be *wasting* your time. The other pictures etc. that have been made according to the *drama* are also correct. However much effort you make it still doesn't sink into anyone's intellect! So, the children ask: Baba, is there something wrong in the way I explain? Baba instantly replies: Yes, there is! If they haven't understood who Alpha is, send them away instantly. Tell them: Until you understand who Baba is, nothing else will sink into your intellect. Their intellect is filled with all the confusion of the path of devotion. This confusion can only be removed by remaining on the pilgrimage of remembrance. Until you remain in this stage, your eyes will stay *criminal*. They will only become *clean* when you consider yourself to be a soul. When you are soul conscious, your eyes can't deceive you. Because you are not soul conscious, Maya continues to deceive you. This is why you must first become soul conscious. Baba says: Show your *chart* so that Baba knows. If, even now, you are still telling lies, sinning and becoming angry, you destroy everything you have gained for yourself. Baba can understand instantly if you have written the truth or whether you haven't understood. Baba tells all the children to write a *chart*. The children who are unable to stay in yoga are also unable to do so much service. They don't have enough yoga power. Although Baba says that only a handful emerge out of multimillions, how can you tell others this if you yourself do not stay in yoga? Sannyasis say that happiness is like the droppings of a crow. They won't even mention happiness. You know that there is no limit to bhakti, and that it involves so much noise! Your *knowledge* is about deep silence. Tell them: Baba alone is the Ocean of Peace. Consider yourself to be a soul and remember Baba. Baba says: Manmanabbhav. You don't even need to say this word! Hindi is the language of the land of Hindustan. So why is there another language called Sanskrit? Now put aside all those languages and first lecture on how to consider yourself to be a soul. There are many who just do not think of themselves as souls. They are not able to have remembrance. None of them can understand how much they are losing. Only in remembering the Father can you benefit. In no other satsang would you be told to consider yourself a soul and to remember Baba. Do children have to sit in one specific place in order to remember their father? Whether they're awake or not or just sitting somewhere, they would always be able to remember their father. You must *practise* being soul conscious. You speak a great deal, but you should speak less. The important thing is the pilgrimage of remembrance. Only in this *fire* of yoga can you be purified. Everyone is unhappy at this time. Only by becoming pure can you receive happiness. If you first become soul conscious and then explain to someone, your arrow can strike the target. If you yourself are vicious and you tell someone else to become viceless, your arrow cannot strike the target. Baba says: It is because you yourselves do not stay on the pilgrimage of remembrance, that your arrows do not strike the target. Baba says: The past is the past. Now, first reform yourself. Ask your heart: To what extent do I consider myself to be a soul and how much do I remember the Father who is making us into the masters of the world? We are Shiv Baba's children, so we must definitely become the masters of the world. Baba is the one Beloved, and we are all His lovers. The beloved has come and is now in front of you. Therefore,

you should have a great deal of *love* for Him. *Love* means remembrance. When a couple get married, the wife has so much *love* for her husband. You are now engaged, but not yet married. That will only happen when you go to the land of Vishnu. First, you will go home with Shiv Baba and then go to your in-laws' home. Is the happiness of being engaged any less? Once you become engaged, your remembrance should become strong. You also become engaged in the golden age, but there, engagements are never broken off, nor is there ever untimely death. Such things only happen here. Children, you must become pure whilst living at home with your family. Although some of you stay here, very close to Baba, you still do not experience progress. Those who stay here with *love* for Him can experience a great deal of progress. If you do not remember Him, it means that you have no *love* for Him either, and so you are unable to imbibe Baba's teachings. God says: Children, you must give everyone the message that lust is the greatest enemy. It causes sorrow from the beginning, through the middle to the end. You used to be the pure masters of the golden age. Now, you have fallen and have become dirty. In this final birth, you must now become pure again. *Cancel* the hathiyala (ceremony of joining the palms of the bride and bridegroom) you have incurred by sitting on the pyre of lust. If you tell them this in a state of yoga, it can enter their intellect. The sword of knowledge needs the power of yoga. This point is the first and most important one. When children tell Baba that they do make effort but it is difficult to make anyone emerge, Baba replies: First adopt a state of yoga and then explain. Make effort to remain on the pilgrimage of remembrance. By being defeated by Ravan, you have become vicious. Now become viceless! By having remembrance of Baba, all of your desires will be fulfilled. Baba makes you into the masters of heaven. Children, Baba gives you many *directions*, but you do not *catch* them clearly. You concern yourselves with other things. The main thing is to give everyone Baba's message. However, if you yourself do not have remembrance, how can you tell others to do this? You cannot cheat. If you tell others not to indulge in vice and then do it yourself, your conscience definitely bites you. There are such cheats as well. This is why Baba says: Alpha is the main point to explain. When you understand who Alpha is, you will come to understand everything. If you do not understand who Alpha is, you understand nothing! Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for Dharna:

1. Stay happy inside by remembering Baba, and give others Baba's introduction. Tell everyone the praise of the one Father.
2. *Practise* a great deal, being soul conscious. Do not speak so much. Consider the past to be the past and reform yourself. Keep the chart of your pilgrimage of remembrance honest

Blessing: May you be *double-light* and finish all trace of the consciousness of "mine" by constantly remaining aware that everything is "Yours".

Any type of the consciousness of "mine" in terms of your *nature* or *sanskaras* etc. becomes a burden for you. Anyone carrying a burden is unable to fly. The consciousness of "mine" makes you dirty. Therefore, say, "Everything is Yours" and become clean. To become an angel means not to have the slightest trace of the consciousness of "mine". If, even in your dreams, you have the consciousness of "mine", it means you have become dirty. Therefore, discard this dirty burden and become *double-light*.

Slogan: By making your heart honest, you will please the Bestower, who is also the Bestower of Fortune and the Bestower of Blessings, and you will remain in super-sensual joy.

*** OM SHANTI ***